



VILLE CHURCH

ONE DAY AT A TIME

Pastor Toney Browning // Leave Your Baggage Behind // September. 04, 2022

Leave Your _____ Behind

If you find yourself tired from all of the baggage that you have accumulated over the weeks, months, or years, Jesus' solution is simple: Leave The Baggage behind and rest in Him

**Key Thought: "It's Hard To Be _____,
When You Are _____!"**

Mark 4:37- 41

"37 A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. 38 Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, "Teacher, don't you care if we drown?" 39 He got up, rebuked the wind and said to the waves, "Quiet! Be still!" Then the wind died down and it was completely calm. 40 He said to his disciples, "Why are you so afraid? Do you still have no faith?" 41 They were terrified and asked each other, "Who is this? Even the wind and the waves obey him!"

Matthew 11:28-30

"28 Come to me, all who labor and are heavy laden, and I will give you rest. 29 Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For my yoke is easy, and my burden is light."

_____ To Him, _____ From Him,
and _____ With Him.

Matthew 11:28

"28 Come to me, all who labor and are heavy laden, and I will give you rest.

Thought One: _____ To Me.

Δεϋτε = _____

Thought Two: _____ From Me.

Matthew 11:29

29 Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

1 John 5:3-4

3 In fact, this is love for God: to keep his commands. And his commands are not burdensome, 4 for everyone born of God overcomes the world. This is the victory that has overcome the world, even our faith.

Matthew 23:4

4 They tie up heavy, cumbersome loads and put them on other people's shoulders, but they themselves are not willing to lift a finger to move them.

Thought Three: _____ With Me.

"Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."

Challenge: What are you carrying today that you need to rest at the feet of Jesus?